

Beyond Clutter and Grime – Home Cleaning Checklist

“Clear the Clutter and Grime. Get a Clear Mind.”

All Rooms

- Dust all surfaces
- Wipe baseboards and windowsills
- Vacuum carpets and rugs
- Sweep and mop hard floors
- Empty trash cans and replace liners
- Clean light switches and door handles
- Wipe mirrors and glass
- Tidy up clutter

Kitchen

- Wipe countertops and backsplash
- Clean stovetop and oven exterior
- Wipe refrigerator exterior
- Clean microwave (inside & out)
- Wipe cabinet fronts and handles
- Clean sink and faucet
- Sweep and mop floor
- Empty trash

Bathroom

- Clean and disinfect toilet
- Wipe mirrors and sink area
- Clean shower/tub and tiles
- Wipe counters and fixtures
- Empty trash
- Sweep and mop floor
- Replace towels neatly

Living Room

- Dust furniture and décor
- Wipe coffee tables and TV stands
- Vacuum or mop floors
- Fluff pillows & fold blankets
- Clean glass & mirrors

Bedrooms

- Make beds neatly
- Dust all surfaces
- Vacuum or mop floors
- Empty trash
- Straighten shelves & dressers